

## Creating a Balanced Lifestyle

### Daytime Events

- \* Sunrise Pipe Ceremony
- \* Sweatlodge Ceremony
- \* Prayer Room

### Workshops & Presenters

Tom Jackson

Travis Dugas—"Nighthawk"

- \* 7 Sacred Ways of Healing
- \* Medicine Bundle Teachings
- \* Traditional Parenting
- \* AFM Teachings
- \* Song with Drum
- \* Nature Walk



### Evening Activities

- \* Gerry Barrett
- \* Josh, Josh & Tommy

## Don't Forget!



- ◆ Traditional Skirt (Optional)
- ◆ Flannel Sweat Gown & Towel (For Sweat Lodge Ceremony)
- ◆ Toiletries and Towels
- ◆ Appropriate Footwear
- ◆ Pillows Extra Blankets
- ◆ Rain Gear & Warm jackets (Hot days & Cool nights)



If you require more Information please contact:

Linda Dano-Chartrand, ROV Coordinator

204-985-4050 or 204-791-7056

Please forward all registration to Shanise Burgher at [shanise.burgher@wrcfs.org](mailto:shanise.burgher@wrcfs.org) or fax to 204-985-4079

Attention: Shanise or Linda



*Reclaiming Our Voices*

A Gathering of Women



WEST REGION CHILD & FAMILY SERVICES, INC.  
PROUDLY PRESENTS ...

## Reclaiming Our Voices 19



Manajitoodaa O'dibaajimowin-iwaan  
Ikwewag Dago Ininiwag"

"Honoring the Stories of our Women  
and Men"

**A Gathering of Women  
Who Have Been  
Affected by Alcohol, Drugs, and Family  
Violence**

July 9-12, 2017

Keeseekoowenin 61 A First Nations



# Reclaiming Our Voices 19

“Manaajitoodaa O’dibaaajimowin-iwaan Ikwewag Dago Ininiwag”  
“Honoring the stories of our Women and Men”

*When women come together and talk, they bring their strength and wisdom.* The teachings of women-hood originate from our connection to Grandmother Moon and Mother Earth. It is these teachings that give a woman her purpose in life and guides her to achieve that purpose. Our grandmothers and our mothers hold an especially important role in their family and in their communities. They provide the nurturing, support, and wisdom that children need to grow productively and believe in their abilities. Children in turn bring life and hope to families and communities. Too many women face a lifetime of abuse and pain. Too many of us have turned to alcohol and drugs to help forget our sadness and anger. Too many of us have lost our ability to be good caregivers to our children due to our alcohol and drug use. Some of us remember the pain of losing our mothers to drinking or drug use. The time for healing has begun. The journey starts with healing the mind, body, and spirit. Take a risk! Experience and learn about who you are and where you come from. The creator will guide you to where you need to go and what you need to learn. We are all born with the potential to achieve our dreams.

### **Please note:**

Only infants under the age of 2 with nursing mothers are allowed. No other children or extra guests can attend this gathering. They will be asked to leave.  
You are not to leave the camp ground without letting ROV committee members know. This is due to potential risk of wildlife. Respect Mother Earth and please keep the camp ground clean.

## Reclaiming Our Voices 19th Registration Form

|                   |   |
|-------------------|---|
| Registrant Name   | No Smoking in Tents   |
| Address/Community | First Aid is available as needed  |
| Phone             | Please ensure you bring any required medication(s), asthma inhaler, etc |
|                   | Arrival Time 3:00 pm on Sunday  |
|                   | Departure time 12:00pm on Wed.  |
|                   | Smoking in designated Area only   |
|                   | Absolutely No Drugs or Alcohol  |

Who would you like to share a tent with?  
*Please print.*

|   |
|---|
| Any Special Requests /Dietary Needs /Food Allergies /Mobility Issues/ Infant? <b>**Please bring EpiPen if needed***</b> |
|   |
|   |

**Conference Fee:** includes accommodation, food & all materials

- Professional \$500.00
- R.O.V. Participant \$500.00

Total: \_\_\_\_\_

Markers will be placed along Hwy Ten to turn onto 354 Signs will look like this.

West Region CFS  
61A Keesekoowenin FN  
Camp Ground Located

**Please make cheque payable to West Region Child & Family Services, Inc. and mail to:**

West Region Child & Family Services, Inc., Rolling River First Nation, P.O. Box 280, Erickson, Manitoba R0J 0P0  
Attention: Linda Dano-Chartrand

- ◆ We will not accept any registrations after the Deadline Date: June 30, 2017
- ◆ Only the first 30 External Registrations will be accepted.
- ◆ ALL FEES ARE NON-REFUNDABLE. Please have an alternate if someone cannot attend

